

| Rhythmic Gymnastics |                                |   |                |
|---------------------|--------------------------------|---|----------------|
|                     | Birkdale - 2024 (Birkdale Stat | te School Hall, Agnes Street, Birkdale) |                |
| Monday              | Tuesday                        | Wednesday                               | Saturday       |
| 4.45 - 6.45pm       | 3.30 - 4.30pm                  | 3.30 - 4.30pm                           | 7:30 - 9:30am  |
| Level 3 and 4       | Recreational - Level 2         | Recreational - Level 2                  | Level 3        |
| 4.45 - 7.45pm       | 4.30-6.30pm                    | 4.30-6.30pm                             | 7.30 - 10.30am |
| Level 5 and up      | Level 3 and 4                  | Level 3 and 4                           | Level 4        |
|                     | 4.30-7.00pm                    | 4.30 - 7.30pm                           | 7.30 - 11.30am |
|                     | Level 5 and up                 | Level 5 and up                          | Level 5 and up |
|                     | NA                             |   |                |
|                     | IVIUrarrie - 2024 (Unit 10     | , 197 Murarrie Road, Murarrie)          |                |
| Monday              |                                | Friday                                  |                |
| 3.30 - 4.30pm       |                                | 3.30 - 5.30pm                           |                |
| Recreational        |                                | Recreational - Level 1 & 2              |                |
|                     |                                |   |                |

| Cleveland - 2024 (Cleveland State School Hall, Queen Street Cleveland |                          |  |  |  |
|---|--------------------------|--|--|--|
|   | Tuesday                  |  |  |  |
|   | 3.00 - 4.30pm            |  |  |  |
|   | Recreational Level 1 & 2 |  |  |  |

| Ascot - 2023 (Ascot State School Hall, Massey Street, Ascot) |                             |                                    |  |  |
|--|-----------------------------|------------------------------------|--|--|
|  | Thursday Friday             |                                    |  |  |
|  | 3.30-4.30pm                 | 3.15-5.15pm                        |  |  |
|  | General Gymnastics/Rhythmic | Recreational - Level 2 Competitive |  |  |
|  | 4.00-8.00pm                 | 4.30-7.30pm                        |  |  |
|  | Level 3 and up              | Level 3 and up                     |  |  |

## Rhythmic Gymnastics Competitive Team (minimum hours required of training per week)

Level 3 = 4+ hours

Level 4 = 5+ hours

Level 5 = 6+ hours

Level 6 = 8+ hours

Level 7 = 9+ hours

High Performance 10+

## 2024 Annual Registration Fee (includes Insurances to Gymnastics QLD)

RG Recreational \$90.00

RG Competitive Level 2+ \$150.00